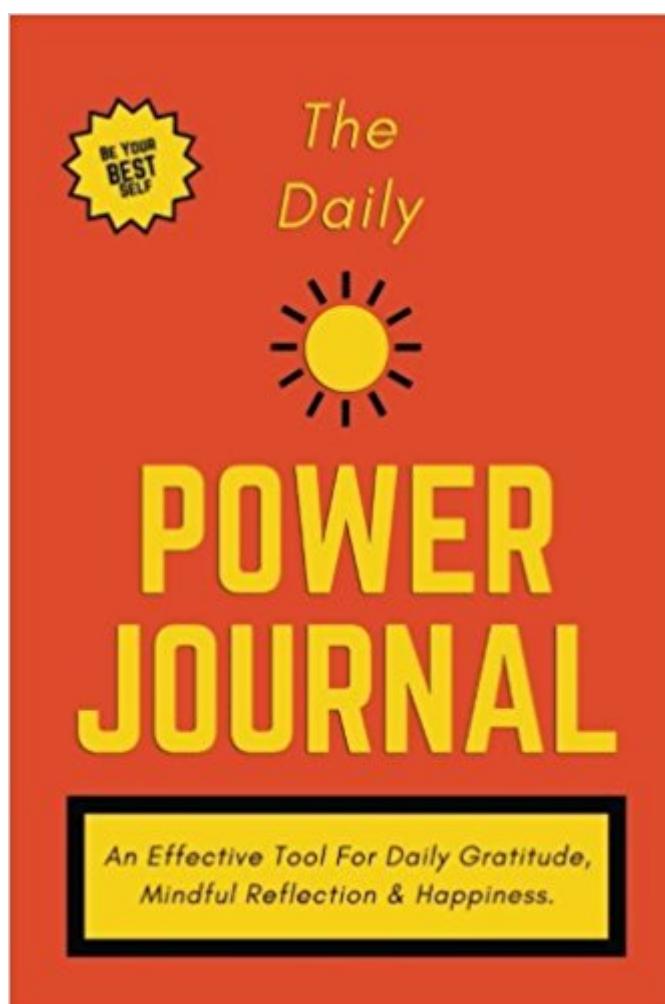


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# **The Daily Power Journal - (Durable Cover): An Effective Five Minute Journal Tool For Self-Exploration, Daily Gratitude, Productivity, & Happiness 6" X 9"**





## Synopsis

\*\*Best Selling Journal / New Edition\*\* START WHERE YOU ARE: The Daily Power Journal is an effective daily journal tool that helps you with the the Power of Habit in Life and Business. The Prompts guide you to focus on the most important things in your life in as little as five minutes a Day. AN EFFECTIVE TOOL FOR PERSONAL GROWTH:Whether you have The focused prompts help deepen your daily mindfulness, motivation, focus, gratitude and overall emotional intelligence for organic personal transformation. Let the simple layout Escape for tracking your Life's Journey (love, work, and play). SIMPLE TO USE JOURNAL: Whether you work a 4-Hour Workweek or 40, there are many benefits of Journaling. Stretching Your IQ Mindfulness Achieving Goals Greater Emotional Intelligence Boosting Memory Self-Discipline Better Communication Skills Emotional Healing Use The Power of Now! and thrive In as little as Five Minutes daily with the Power Journal. Great Self Care Gift Or For Loved Ones (Birthdays / All Occasions)

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